

BE AWARE – WE LIVE IN TICK COUNTRY

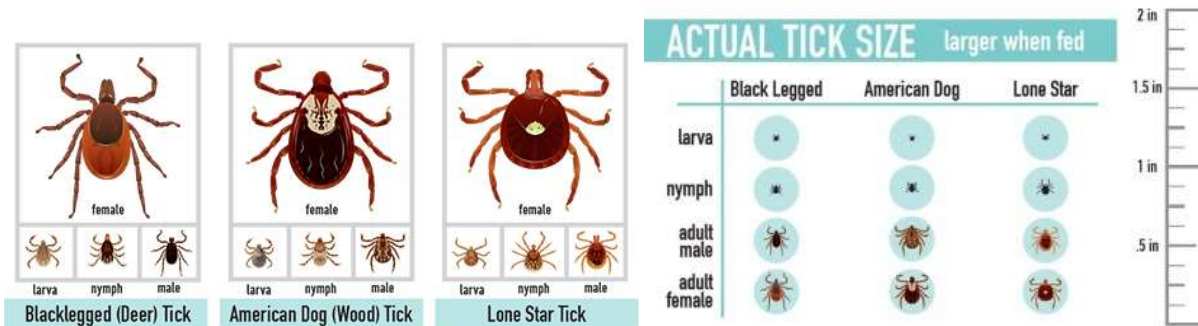
Created by the Town of Clinton Conservation Advisory Council from the following:

New York State Integrated Pest Management: www.dontgettickedy.org and www.nysipm.cornell.edu

Additional Resource: TickEncounter Resource Center – University of RI: www.tickencounter.org

Tick Identification – What Do Ticks Look Like?

<https://nysipm.cornell.edu/whats-bugging-you/ticks/what-do-ticks-look/>



Why Should I Worry About Ticks?

<https://nysipm.cornell.edu/whats-bugging-you/ticks/why-should-i-worry-about-ticks/>

Tick-Borne Diseases and Non-pathogenic Impacts

(as determined by current research 5/2018)

Blacklegged tick

Lone star tick

American dog tick

- Lyme disease
- Anaplasmosis
- Babesiosis
- Powassan virus
- *Borrelia miyamotoi*
- Ehrlichiosis
- Southern Tick Associated Rash Illness (STARI)*
- Tick Bite-Induced Allergy (alpha-gal allergy)**
- Canine ehrlichiosis
- Tularemia
- Rocky Mountain Spotted Fever***
- Tick paralysis****

* As per the CDC, the cause of STARI remains unknown
** Non-pathogenic
*** Lone stars may carry a less virulent form of rocky mountain spotted fever
**** Non-pathogenic, mostly associated with adult female American dog ticks

DAILY TICK CHECKS

A tick found crawling on you has not yet bitten you.

TICK REMOVAL

- 1 Use fine-tipped tweezers to grasp the tick as close to the skin as possible
- 2 Pull upward with steady, even pressure
- 3 If mouthparts break off, treat like a splinter

WHAT TO DO IF YOU HAVE BEEN BITTEN

If you have been bitten by a tick, follow these simple steps:

- Remove tick and save it in a container with the date.
- Disinfect the bite site with soapy water, peroxide or rubbing alcohol.
- Visit NYSDOH at tinyurl.com/ybanravn for symptoms of tick-borne disease.
- Visit "Don't Get Ticked NY" website for tick avoidance tips.
- Do NOT apply kerosene, vaseline or a lit match to attached ticks.
- Do NOT squeeze a tick's body during removal.

dntgettickedy.org • nysipm.cornell.edu

Tick FAQs

<https://nysipm.cornell.edu/whats-bugging-you/ticks/tick-faqs/>

Frequently Asked Questions About Ticks (printable .pdf)

<https://nysipm.cornell.edu/sites/nysipm.cornell.edu/files/shared/documents/tick-FAQ-list.pdf>

Why Do I Have Ticks In My Yard?

<https://nysipm.cornell.edu/whats-bugging-you/ticks/why-do-i-have-ticks/>

Life Cycle of the Black-Legged Tick (and Lyme Disease Prevention!)

https://www.youtube.com/watch?v=k5_5vM5aub4&feature=youtu.be

How Do I Protect Myself From Ticks?

<https://nysipm.cornell.edu/whats-bugging-you/ticks/how-do-i-protect-myself-ticks/>

LIVE IN TICK COUNTRY? DO A DAILY TICK CHECK!

DON'T GET TICKED NEW YORK

Time for a tick check!

Use a mirror to inspect those hard to see areas.

If a tick is found REMOVE IMMEDIATELY!

dontgettickedy.org • nysipm.cornell.edu

Clothing Treatment

Permethrin treated clothing can kill ticks

DON'T GET TICKED NEW YORK

STEP 1
WASH IN HOT WATER (120°F) FOR 30 MINUTES

STEP 2
DRY IN A DRYER ON HIGH HEAT FOR 30 MINUTES

Permethrin treated clothing can kill ticks

dontgettickedy.org • nysipm.cornell.edu

REPELLENT USE

Repellents help you avoid ticks

DON'T GET TICKED NEW YORK

Repellents help you avoid ticks

DEET
Picaridin
IR3535
Oil of Lemon Eucalyptus

FOLLOW ALL LABEL INSTRUCTIONS

dontgettickedy.org • nysipm.cornell.edu

PROTECT YOUR PETS

from ticks and the diseases they carry

DON'T GET TICKED NEW YORK

Ticks carry diseases dangerous to our pets

Check pets daily for ticks

Keep your lawn mowed!

dontgettickedy.org • nysipm.cornell.edu

Dress Accordingly

Long Sleeve Shirt

Long Pants (tucked into socks)

Tall Socks

Shoes or Boots

125° or hotter dryer

All tick-exposed clothes should go directly into a hot dryer to kill ticks.